



Bright Start Child Development Center



# PICCOLINI GROUP

Join a circle of new mothers in a safe, supportive & nurturing eight-week group designed to promote mindfulness and encourage the parent-child connection.

Approach the ups and downs of parenthood with confidence in yourself as a parent.

Develop healthy habits and prioritize self-care.

Discuss the joys and challenges of integrating your little one into your family.



8 WEEKLY SESSIONS FOR YOU & YOUR PRE-WALKING BABY.  
BEGINNING FRIDAY SEPTEMBER 28<sup>TH</sup>- NOVEMBER 16, 2018  
3:00PM-4:00PM



The Piccolini Group provides new parents with a unique opportunity to share an experience with their baby in a dynamic, supportive, and informative environment. We will discuss the latest research in the field of infant development and parenting. Parents will be provided with skills to help approach parenthood with a mindful and confident perspective so they are better able to nurture and connect with their babies.

**Space is limited, register now!**



LEAD BY WHITNEY ELLIS, MA CHILD DEVELOPMENT

Whitney has a Master's in Child Development and has worked with children and families in various settings. She has spent the last seven years studying and immersing herself in the Reggio-Emilia philosophy and believes it is one of the best practices in early childhood learning. She is dedicated to supporting children (and parents!) from birth through age eight and delights in the magic and development happening in these first years of life.

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**PICCOLINI GROUP  
REGISTRATION FORM**

Date: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Child's Birth Date: \_\_\_\_\_

Start Date: \_\_\_\_\_ Child's Age at Start: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

\_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

8-week session (September 28 – November 16, 2018)

Cost is \$385/session

Includes Registration Fee \$25 (Non-refundable)

Amount Enclosed: \$ \_\_\_\_\_

Check #: \_\_\_\_\_